



## WEEKLY NEWSLETTER

---

*Saint Mary's, Saint Michael's and Ss John & Ailbe: 30<sup>th</sup> March 2025*  
*4<sup>th</sup> Sunday in Lent / Mothering Sunday*

---

### COLLECTS AND READINGS

**Collect for the week:** God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: Strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ our Lord Amen.

#### Old Testament: Exodus 2: 1-10

Now a man of the tribe of Levi married a Levite woman, and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months. But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile. His sister stood at a distance to see what would happen to him. Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the riverbank. She saw the basket among the reeds and sent her female slave to get it. She opened it and saw the baby. He was crying, and she felt sorry for him. This is one of the Hebrew babies, she said. Then his sister asked Pharaoh's daughter, Shall I go and get one of the Hebrew women to nurse the baby for you? Yes, go, she answered. So the girl went and got the baby's mother. Pharaoh's daughter said to her, Take this baby and nurse him for me, and I will pay you. So the woman took the baby and nursed him. When the child grew older, she took him to Pharaoh's daughter and he became her son. She named him Moses, saying, I drew him out of the water.

#### Psalm 34: 11-20 (BCP p. 628)

Come, my children, and listen to me; ♦ I will teach you the fear of the Lord.

Who is there who delights in life ♦ and longs for days to enjoy good things?

Keep your tongue from evil ♦ and your lips from lying words.

Turn from evil and do good; ♦ seek peace and pursue it.

The eyes of the Lord are upon the righteous ♦ and his ears are open to their cry.

The face of the Lord is against those who do evil, ♦ to root out the remembrance of them from the earth.

The righteous cry and the Lord hears them ♦ and delivers them out of all their troubles.

The Lord is near to the brokenhearted ♦ and will save those who are crushed in spirit.

Many are the troubles of the righteous; ♦ from them all will the Lord deliver them.

He keeps all their bones, ♦ so that not one of them is broken.

#### Epistle Reading: 2 Corinthians 1: 3-7

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ. If we are distressed, it is for your comfort and salvation; if

we are comforted, it is for your comfort, which produces in you patient endurance of the same sufferings we suffer. And our hope for you is firm, because we know that just as you share in our sufferings, so also you share in our comfort.

**Gospel: Luke 2:33-35**

And the child’s father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, ‘This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.’

**Post Communion Prayer:** God of mercies, your only Son, while hanging on the cross, appointed Mary, his mother, to be his beloved disciple’s mother. May we follow her good example and always care for others for the sake of Jesus Christ our Saviour through whose name we pray.

HYMNS				
<b>Saint Michael’s</b>	541	712	231	472
<b>The Cathedral</b>	350	462	361	

Services are recorded and may be viewed online on [www.churchservices.tv/limerickstmarys](http://www.churchservices.tv/limerickstmarys) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie) within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on [www.churchservices.tv](http://www.churchservices.tv) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie) other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A738650; Use QR code to donate to Saint Mary’s online.*



**SERVICES & EVENTS**

Date	Time	Event	Venue
Sunday 30 <sup>th</sup> 4th Sunday in Lent	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Service of the word	St Michael’s
	11.15	Choral Eucharist	The Cathedral
Monday 31 <sup>st</sup>	10.30	Morning Prayer	The Cathedral
Tuesday 1 <sup>st</sup>	10.30	Morning Prayer	The Cathedral
Wednesday 2 <sup>nd</sup>	10.30	Morning Prayer	The Cathedral
Thursday 3 <sup>rd</sup>	10.30	Holy Communion	The Cathedral
Friday 4 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Saturday 5 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Sunday 6 <sup>th</sup> 5th Sunday in Lent		No Service	Ss John & Ailbe, Abington
		No Service	St Michael’s
	11.15	Holy Communion	The Cathedral

**THIS WEEK’S NOTICES**

*(Where attachments are mentioned, hard copies are available through the parish office upon request)*

**EGV:** Notice is given that the annual Easter General Vestry (in effect the AGM of the Parish), will be held on Sunday 6<sup>th</sup> April 2025 in St Mary’s Cathedral at 12noon. The meeting will be preceded by a united service of Holy Communion beginning at 11.15am. There will be no services in the other churches of the parish on this day.

**Good Friday:** In preparation for the Annual Ecumenical Walk of Witness, the Dean is looking for readers for the service (beginning at 12noon at St John's Cathedral). Please contact him for more information.

**Free lunchtime concert in the Cathedral:** A Lunchtime Concert will be on Tuesday 8th April 1.15pm ~ Catherine O'Carroll (Soprano)

**Memorial Service:** For the Rev Arthur Nash will be held in Vancouver, Canada on Saturday, 5th April at 10.30 a.m. (6.30 p.m. Irish time) which may be viewed on the following website. [www.legacystreaming.com/alternatives](http://www.legacystreaming.com/alternatives) This service may also be viewed at a later date on the same website.

**Gazette:** The Select Vestry has agreed to support the Church of Ireland Gazette by purchasing 3 subscriptions (one for each church). A copy will be left in each church for parishioners to read and pass around. This initiative is designed to encourage people to take out their own personal subscription.

**Carers:** Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact 057 93 70221 and hear how we can support you or for more info visit [www.familycarers.ie](http://www.familycarers.ie).

**Cathedral Flowers:** The flower rota is being updated. If you wish to have your name added or removed to the list of arrangers; or would like to 'sponsor a Sunday'/donate flowers. Please contact the Cathedral office on 310293 or speak to the flower co-ordinator, Adrienne Baron.

**SafeTALK Training:** Friday 2nd May at Mount St. Anne's Retreat Centre, Killenard, Co. Laois, 10am-4pm. The Church of Ireland Youth Department, supported by the Church of Ireland Mindmatters campaign, is offering free training in supporting people with thoughts of suicide. The content will apply to all people, including teenagers and adults, at risk of suicide. Given the content, SafeTALK is not recommended for anyone bereaved by suicide in the last 12 months. SafeTALK is open for anyone who is likely to come into contact with people suffering from suicidal ideation: clergy, volunteer leaders, chaplains, youth leaders and DYOs. The training is completely free and includes a 3-course lunch at Mount St. Anne's. Places are limited so please book soon by contacting Luke on [Luke@CIYD.org](mailto:Luke@CIYD.org).

**Cycles of prayer:** *Provoo:* Church of Ireland: Diocese of Armagh; Evangelical Lutheran Church in Denmark: Diocese of Funen; Church of England: Diocese of Sodor and Man *Anglican:* Province de L'Eglise Anglicane Du Congo.

**Remembrance Book:** James Bond, Muriel Howes, Ruth McLoan, Samuel Roundtree, John Sparling, Norman Long, Dolly Shier, Clement Thompson, George Bond, Ganon Turner, Marian Shiner, Amy Nicholson, Rachel Cullen, Wyndham Jardinrel, Rev. Alan Shaw, Mabel Lyttle and Joan Gohly.

**Prayers for the Sick:** Terry Gibson, Martin Hogan, Jerry Murphy, Sarah B, Mary Alicia Downes, Kathleen Leddin, John Sparling, Patricia Bourke, David, Elayne and Hilary Noonan, Hazel, Mac, Dean Sandra Pragnell, Pashcal, Layla, Karine Egan. *NOTE: If you wish to place a name on the list, please email it to [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com). Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

## ROTAS

	30 <sup>th</sup> March	6 <sup>th</sup> April	13 <sup>th</sup> April	20 <sup>th</sup> March
<b>REFRESHMENTS</b>				
<b>St Michael's</b>	<i>Trevor &amp; Tracey Lyttle</i>	x	<i>Daire McNamara &amp; Jill Storey</i>	<i>Richard &amp; Margaret Brickenden</i>
<b>Cathedral</b>	<i>Shawn &amp; Carrie Jamieson</i>	<i>Lillian Okechukwu</i>	<i>Alyson McHugh</i>	<i>Keith O'Neil</i>
<b>READERS</b>				
<b>St Michael's</b>	<i>Daire McNamara</i>	<i>Sheelagh Morrow</i>	<i>Margaret Brickenden</i>	<i>Lucy Kavanagh</i>
<b>Cathedral</b>	<i>Heather Peirce</i>	<i>Frank Sheahan</i>	<i>Lindsay Boyle</i>	<i>Noreen Ellerker</i>



## CONTACT DETAILS

The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy

Email: [dean@limerick.anglican.org](mailto:dean@limerick.anglican.org); Tel: 061-338697. Day off: Friday

Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).

The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.

Email: [cathedral@limerick.anglican.org](mailto:cathedral@limerick.anglican.org); Tel: 061-310293. [www.lcp.limerick.anglican.org](http://www.lcp.limerick.anglican.org)

Limerick City Parish ~ Weekly Newsletter – Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: please email [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com)