



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe – Lent 11 – 1st March 2026

COLLECT AND READINGS

Almighty God, you show to those who are in error the light of your truth that they may return to the way of righteousness: Grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ.

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: Create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

THE FIRST READING GENESIS 12:1-4

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

PSALM 121

- 1 I lift up my eyes to the hills; ♦
from where is my help to come?
- 2 My help comes from the Lord, ♦
the maker of heaven and earth.
- 3 He will not suffer your foot to stumble; ♦
he who watches over you will not sleep.
- 4 Behold, he who keeps watch over Israel ♦
shall neither slumber nor sleep.
- 5 The Lord himself watches over you; ♦
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, ♦
neither the moon by night.
- 7 The Lord shall keep you from all evil; ♦
it is he who shall keep your soul.
- 8 The Lord shall keep watch over your going out
and your coming in, ♦
from this time forth for evermore.

THE EPISTLE ROMANS 4:1-5,13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

THE GOSPEL SAINT JOHN 3:1-17

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus* by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.*' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit.* Do not be astonished that I said to you, "You* must be born from above."* The wind* blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you* do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man.* And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.* 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

POST COMMUNION PRAYER

Creator of heaven and earth, we thank you for these holy mysteries given us by our Lord Jesus Christ, by which we receive your grace and are assured of your love, which is through him now and for ever.

HYMNS					
Saint Michael's	211	237	240	242	
The Cathedral	59	599	108	349	

Services are recorded and may be viewed online on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A738650; Use QR code to donate to Saint Mary's online.*



SERVICES & EVENTS			
Date	Time	Event	Venue
Sunday 1 st March <i>Lent II</i>		No Service	Ss John & Ailbe, Abington
	10.00	Morning Prayer	St Michael's
	11.15	Holy Communion	The Cathedral
	13:00	Crafts in the Cathedral	The Cathedral
Monday 2 nd March	10.30	Morning Prayer	The Cathedral
Tuesday 3 rd March	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Concert	The Cathedral
Wednesday 4 th March	10.30	Morning Prayer	The Cathedral
	20:00	Lenten Course	Ss John & Ailbe, Abington
Thursday 5 th March	10.30	Holy Communion	The Cathedral
Friday 6 th March	10.30	Morning Prayer	The Cathedral
	19.30	World Day of Prayer	St Michael's
Saturday 7 ^h March	10.30	Morning Prayer	The Cathedral

	13.00	Bishops Peregrinating	Saint Michael's & The Cathedral
	16.00		Ss John & Ailbe, Abington
	19.30		Whist Drive
Sunday 8 th March <i>Lent III</i>	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
	11.15	Morning Prayer	The Cathedral

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request)

Newsletter Notice: Please note that items for inclusion in the weekly newsletter bulletins must be submitted by Wednesday each week. Items for inclusion must be 50 words or fewer.

Sympathy: The Parish offers its sympathy and prayers to the family of Nick Griffin on the death of his niece.

Ordination: Please note that the Rev'd Scott E. Elliott will be ordained to the Priesthood by the Rt Rev'd Michael Burrows at Saint Mary's Cathedral on Saturday 30th May 2026 at 4:00pm.

Livestreaming: Please note services from the Cathedral are now accessible on the following hyperlink-
<https://www.churchcamlive.ie/limerickstmarys>

Table Quiz: Please note a Table Quiz will be held in Saint Michael's Church on Friday 27th March at 19.30. The cost is only €10 per person (includes supper) To reserve your place/table or anyone willing to donate a prize for the raffle (tickets available on the night) send email to traceylyttle@gmail.com. Proceeds will support the restoration works. Please note 8 of 15 tables now booked.

"Love Your Neighbour": We are inviting parishioners to support a new Donation Box in Saint Michael's Church aiding the Society of St. Vincent de Paul. Donate non-perishable foods and essential toiletries. Each gift helps a neighbour in need and makes Christ's command to love one another visible in our community.

Crafts in the Cathedral: In response to the Limerick City Parish appeal for knitted hearts, a craft workshop will be held in Saint Mary's Cathedral on Saturday, 1st March, from 1.00pm to 3.00pm. All are warmly invited to attend and take part. Please contact the Curate for further details.

Candelabra cleaning: Thanks to all the volunteers who helped clean and polish candelabras in the Cathedral.

Dea – Sceala: The Spring edition of the Diocesan Magazine is now available in the church porches. This month's issue includes an article on the Cathedral Book launch at Saint Mary's Cathedral.

Lunch time Concerts & Talks: The Lunchtime Concerts on Tuesday 3rd March at 1.15 will feature 'Devotion' by Triona Walsh (soprano) and Tatyana Vykhodtseva (piano). All welcome.

Sacred Spaces Colouring Book: A cross-generational and inclusive colouring book is now available from the welcome desk at Saint Mary's Cathedral. The illustrations are based on photographs taken by the Curate and offer a creative way to explore the beauty of our sacred space.

Bishops Peregrinating: On Saturday 7th March, the Bishop will be visiting Limerick at 1:30pm and Abington at 4:00pm. As part of the festivities, the clergy are appealing for vintage vehicles. If you would like to bring a vehicle, please contact the clergy or the parish office.

Whist Drive: Whist Drive on Saturday 7th March 2026 at 7.30pm in Saint Michael's Church Hall.

Gardening at the Cathedral: If you are interested in helping care for the Cathedral grounds at Saint Mary's Cathedral, please contact the Dean or the Curate.

The Tuesday Club: Our thanks and appreciation go to the Ukulites, a local Ukelele group, who entertained us on Tuesday, 24th February 2026 in Saint Mary's Cathedral. Everyone enjoyed the group's playing and the sing-song to go with it. The next meeting will be on Tuesday, 24th March 2026 at 2:30 pm. Thank you to all our helpers and drivers, and to Noreen Allen for inviting the Ukulites.

World Day of Prayer: There will be two interdenominational services: in Villiers Square on Thursday 5th March at 11.00am and on Friday 6th in St. Michael's at 7.30pm. Everyone welcome! If you need a lift or have any queries contact Margaret on 087 2200216.

The End-of-Life Care Committee: is appealing for donations of knitted hearts to give to individuals and families who have lost a loved one. If you can knit a heart, please bring it to the Dean, the Curate, or the Parish Office. Thank you for your kindness and support.

Office Works: Please note that, due to upcoming building works, the Parish Office will relocate to Saint Mark's Chapel. During this period, **the Parish Office area will be strictly out of bounds to all members of the public and parishioners.**

Update on Cathedral Food Donation Box: The Clergy wish to express their sincere gratitude for the food donations received in recent months. We are appealing for further donations of long-life food items and hygiene products (soap, toothpaste etc.).

Appeal (Please contact either the Dean or the Curate for further details):

- The Clergy are seeking expressions of interest for the donation of two memorial brass vases for the Cathedral.

Sunday Clubs: The Sunday Club is open to those of primary school age. It meets regularly with appropriate vacation breaks. Accompanied by a carer those not yet attending Primary School are welcome too. Clubs meet in all three churches throughout the month (Cathedral 1st and 3rd, St Michael's 2nd, Abington on 2nd and 4th).

Youth Activities: Looking for ways to keep the children entertained? Visit Saint Mary's Cathedral and enjoy our treasure hunts, Lego Trail, and Cathedral Pilgrimage. There is something for everyone to discover.

Cathedral Book: Copies of the Cathedral Book are now available in the Cathedral Shop at Saint Mary's Cathedral. Perfect for history enthusiasts, this beautifully produced book also makes an ideal gift and is conveniently sized for posting.

Bookings open: Dialogue of Friendship event on Saturday 16 May, at Dundrum Methodist Church in Dublin. The theme is 'Faithfully Caring for Creation' and the keynote speaker is the Revd David Coleman. Further details and online booking:

<https://www.eventbrite.com/e/dialogue-of-friendship-faithfully-caring-for-creation-tickets-1979854887264?aff=oddtcreator>.

Cycles of prayer: Porvoo: Church of England: Diocese of Canterbury, Church of Ireland: Diocese of Down and Dromore; **Anglican Cycle of Prayer:** The Nippon Sei Ko Ka

Prayers for the Sick: Irene Trousdell, Terry Gibson, Martin Hogan, Sarah B, Mary Alicia Downes, David, Elayne and Hilary Noonan, Hazel, Mac, Dean Sandra Pragnell, Layla, Karine Egan, Uzoma Kabi. Lillian O'Connell, Kevin Sullivan, Alan Kennedy, Noah Copley-Brown, Mark, Stephanie Narramore.

Remembrance Book: Marcia Cameron, Catherine Devereux, Marjorie Stokes, Aubrey Jackson, Henrietta Blennerhasseth, Patricia Donnelon, Edward Harris, Denis Bugler

NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

ROTAS

	1 st March	8 th March	15 th March	22 nd March
Refreshments				
St Michael's	John & Kayt Shier	Trevor & Tracey Lyttle	Richard & Margaret Brickenden	Daire McNamara
Cathedral	Liz Lynam & Joe Lynam	Jemimah Egbulam	Brian Sheppard	Brian Sheppard
Readers				
St Michael's	Richard Allen	Tracey Lyttle	Daire McNamara	Margaret Schutz
Cathedral	Lindsay Boyle	Paul Cable	Tamasin Plowman	Muyiwa Okeneye

CONTACT DETAILS

The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy

Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday

The Rev'd Scott E. Elliott (Curate): The Curatage, 50 Ballinvoher, Fr Russell Road, Dooradoyle

Email: curate@limerick.anglican.org; Mob: 0871951766. Day off: Monday

Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).

The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94E068.

Limerick City Parish

Email: cathedral@limerick.anglican.org; Tel: 061-310293

www.lcp.limerick.anglican.org