



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe – Trinity Sunday III (Proper 7) 21st June 2026

COLLECT AND READINGS

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: Give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ our Lord.

THE FIRST READING JEREMIAH 20:7-13

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughing-stock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, 'Violence and destruction!' For the word of The Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: 'Terror is all around! Denounce him! Let us denounce him!' All my close friends are watching for me to stumble. 'Perhaps he can be enticed, and we can prevail against him, and take our revenge on him.' But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten. O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

PSALM 69:8-11, 18-20

8 For your sake have I suffered reproach; ♦ shame has covered my face.

9 I have become a stranger to my kindred, ♦ an alien to my mother's children.

10 Zeal for your house has eaten me up; ♦ the scorn of those who scorn you has fallen upon me.

11 I humbled myself with fasting, ♦ but that was turned to my reproach.

18 Answer me, Lord, for your loving-kindness is good; ♦ turn to me in the multitude of your mercies.

19 Hide not your face from your servant; ♦ be swift to answer me, for I am in trouble.

20 Draw near to my soul and redeem me; ♦ deliver me because of my enemies.

EPISTLE ROMANS 6:1-11

What then are we to say? Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus

THE GOSPEL SAINT MATTHEW 10:24-39

'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! 'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered,

proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. 'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven. 'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.

POST COMMUNION PRAYER

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: Give us a glimpse of your glory on earth but shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour.

HYMNS				
Saint Michael's	368	599	106	81
The Cathedral	286	365	652	

Services are recorded and may be viewed online on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A738650; Use QR code to donate to Saint Mary's online.*



SERVICES & EVENTS			
DATE	TIME	EVENT	VENUE
Sunday 21 st June Trintiy III	11.30	Holy Communion followed by the Bring and Share Lunch	Ss John & Ailbe, Abington
	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral
Monday 22 nd June	10.30	Morning Prayer	The Cathedral
Tuesday 23 rd June	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Concert	The Cathedral
	20:00	Saint Michael's Building & Finance Committee	Saint Michael's
Wednesday 24 th June	10.30	Morning Prayer	The Cathedral
Thursday 25 th June	10.30	Holy Communion	The Cathedral
Friday 26 th June	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Concert (ICO)	The Cathedral
Saturday 27 th June	10.30	Morning Prayer	The Cathedral
Sunday 28 th June The Feast of St Peter & St Paul	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	Saint Michael's
	11.15	Holy Communion	The Cathedral

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request).

Please Note: Items for inclusion in the newsletter must be submitted by 12 Noon each Wednesday for consideration of the Clergy. Items must be kept to 50 words or less. No photography is permitted during church services.

Congratulations: We Congratulate Norman and Thomasena on the birth of their son, Alfie Norman – grandson to Will and Esther Symes and a little brother for Harry.

Anniversary: Thursday 18th June marked the twentieth anniversary of the Dean of Limerick's ordination as Priest. A presentation on behalf of parishioners and the Select Vestry of Limerick City Parish was presented to the Dean following the mid-week Holy Communion in Saint Mary's Cathedral. We extend our warmest congratulations to the Dean on this special milestone and for his service to the Church and wider community. Congratulations Dean!

Bring and Share Lunch: The annual Bring and Share Lunch at Abington will take place on today, 21st June at 12.30pm, following the Holy Communion service at 11.30am. Please note the service will begin at the reinstalled church gates as these will be rededicated. Everyone is warmly welcome to attend. Please see the parish poster for further details.

Saint Michael's Building and Finance Committee: The next meeting will take place on Tuesday 23rd June at 8pm in Saint Michael's Church Hall.

Lunchtime Concerts: The lunchtime concert is on Tuesday 23rd June at 1.15pm and Friday 26th June at 1:15pm. All welcome!

Select Vestry: The next meeting of the Select Vestry will take place on Thursday 25th June at 8pm via Zoom.

Friends of Saint Mary's Cathedral Outing: This year's Friends of Saint Mary's Cathedral outing will be to Inis Cealtra on 3rd July. Please note that members of the Friends of the Cathedral will be given first preference for places. Any remaining tickets will then be made available to others who wish to attend. The cost of the trip is €20 per person. Payment, together with your contact details and email address, should be sent as soon as possible to Noreen Ellerker or Lissy Roopa at the Cathedral Office. As numbers are limited due to boat capacity, early booking is advised.

Limerick City Parish Summer Craft Project: The Curate Assistant is seeking knitters, as well as anyone interested in learning to knit, to take part in a parish craft project during the summer months. If you would like to get involved or would like further information, please contact the Rev'd Scott E. Elliott at curate@limerick.anglican.org.

Cathedral Wildflower Garden: The clergy are seeking expressions of interest for donations of wildflower seeds/bulbs/herbs along with those interested in volunteering the rewilding of the garden. Please contact either the Dean or the Curate Assistant.

Age Friendly Ireland Initiative: A new initiative has been launched in Limerick by Age Friendly Ireland, inviting residents to say "thank you" to the people who make a positive difference in their lives. Congratulations and well done to Elizabeth Stanley for inspiring this wonderful initiative, which celebrates kindness, community spirit, and the everyday contributions that help make Limerick a more age-friendly place for all. Thank You cards are available at all church entrances.

King Donal Mór O'Brien Statue Fundraiser: Following the collapse of the King Donal Mór O'Brien statue on Saturday, 6th June, a GoFundMe campaign has been launched to assist with the commissioning of a replacement statue for the Cathedral grounds. Thank you to everyone who has already contributed. Those wishing to donate can do so via the following link: <https://gofund.me/bc80d7315>

Exam prayer: Heavenly Father, be with all students preparing for examinations. Grant them wisdom peace, and confidence, and help them to use well the gifts you have given them; through Jesus Christ our Lord. Amen.

"Choose Your Pot": Saint Michael's Church is planning to repaint the church and is seeking donations to assist with the associated expenses. Your support would be sincerely valued.

UDYC's Summer Programme: UDYC has a range of activities planned for children and young people throughout the summer holidays. Please see attached for further details.

Wanted for the Cathedral

- 3 new computer harddrives
- A New Bible for the Lectern.
- A Manual Emergency Lifting Chair

If you are interested in gifting any of these to the Cathedral (perhaps in memory of a loved one), please speak with the Dean.

Accommodation (2 appeals)

- Abiola needs accommodation with budget between €450-550 (bill inclusive). Contact on 0899525219.
- Accommodation inquiry for Erasmus student (Sept - Dec 2026) - Amandine Petitjean. contact amandinepetitjean05@gmail.com

Cycles of prayer: *Porvoo:* Church of England: Diocese in Europe, Church of Sweden: Diocese of Visby, Evangelical Lutheran Church in Denmark: Diocese of Copenhagen | *Anglican Cycle of Prayer:* The Church of South India (United)

Prayers for the Sick: Irene Trousdell, Terry Gibson, Martin Hogan, Sarah B, Mary Alicia Downes, David, Elayne and Hilary Noonan, Hazel, Mac, Dean Sandra Pragnell, Layla, Karine Egan, Uzoma Kabi. Lillian O'Connell, Kevin Sullivan, Alan Kennedy, Noah Copley-Brown, Deirdre, Olwen, Paddy Sirr, Dick Blennerhassett, Stephanie Narramore

Remembrance Book: Flora Bruce née Bingham, Nancy Irwin, Nuala Taylor, Ursula Walsh, Annie Millar, Lulu Giles née Bingham, Marie Rose Spowarth

NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

ROTAS

	21 st June	28 th June	5 th July	12 th July
Refreshments				
St Michael's	Trevor & Tracey Lyttle	Richard & Sheila Allen	Sheila Cusack	Ruth Lillie O'Connell
Cathedral	Keith O'Neil	Karen Wilson & Evelyn Sloane	Liz Lynam & Joe Lynam	Jemimah Egbulam
Readers				
St Michael's	Daire McNamara	Margaret Schutz	Stephen Fairbrother	Margaret Brickenden
Cathedral	Noreen Ellerker	Muyiwa Okeneye	Noah Copley Brown	Frank Sheahan

CONTACT DETAILS

The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
 Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
 The Rev'd Scott E. Elliott (Curate): The Curatage, 50 Ballinvoher, Fr Russell Road, Dooradoyle
 Email: curate@limerick.anglican.org; Mob: 0871951766. Day off: Monday
 Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
 The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94E068. Limerick City Parish
 Email: cathedral@limerick.anglican.org; Tel: 061-310293
www.lcp.limerick.anglican.org