



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe –Trinity Sunday VI (Proper 10) – 12th July 2026

COLLECT AND READINGS

Merciful God, you have prepared for those who love you such good things as pass our understanding: Pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord.

THE FIRST READING ISAIAH 55:10-13

For as the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it. For you shall go out in joy, and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the Lord for a memorial, for an everlasting sign that shall not be cut off.

PSALM 65:8-13

8 You visit the earth and water it; ♦ you make it very plenteous.

9 The river of God is full of water; ♦ you prepare grain for your people,
for so you provide for the earth.

10 You drench the furrows and smooth out the ridges; ♦ you soften the ground with showers and bless
its increase.

11 You crown the year with your goodness, ♦ and your paths overflow with plenty.

12 May the pastures of the wilderness flow with goodness ♦ and the hills be girded with joy.

13 May the meadows be clothed with flocks of sheep ♦ and the valleys stand so thick with corn
that they shall laugh and sing.

EPISTLE ROMANS 8:1-11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

THE GOSPEL SAINT MATTHEW 13:1-9, 18-23

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!' 'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

POST COMMUNION PRAYER

God of our pilgrimage, you have led us to the living water. Refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord.

HYMNS					
Saint Michael's	384	104	413	373	
The Cathedral	385	687	384	612	

Services are recorded and may be viewed online [on https://www.churchcamlive.ie/limerickstmarys](https://www.churchcamlive.ie/limerickstmarys) and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie other [Cathedral communication](#) channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A738650; Use QR code to donate to Saint Mary's online*



SERVICES & EVENTS			
DATE	TIME	EVENT	VENUE
Sunday 12 th July Trintiy VI	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	Saint Michael's
	11.15	Morning Prayer	The Cathedral
Monday 13 th July	10.30	Morning Prayer	The Cathedral
Tuesday 14 th July	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Concert	The Cathedral
Wednesday 15 th July	10.30	Morning Prayer	The Cathedral
Thursday 16 th July	10.30	Holy Communion	The Cathedral
	13:15	Lunchtime Concert	The Cathedral
Friday 17 th July	10.30	Morning Prayer	The Cathedral
Saturday 18 th July	10.30	Morning Prayer	The Cathedral
Sunday 19 th July Trintiy VII	09.30	Holy Communion	Ss John & Ailbe, Abington
	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request).

Please note: Items for inclusion in the newsletter must be submitted by 12 Noon each Wednesday for Consideration of the clergy. Items must be kept to 50 words or less. Photography & Filming: A gentle reminder that photography & filming are not permitted during church services unless otherwise directed by the clergy, i.e. diocesan occasions.

Sympathy: Limerick City Parish would like to express its sympathy to the family and friends of Deidre Russell who died last week. The Parish Community will continue to hold them in our thoughts and prayers.

Lunchtime Concerts: This week's lunchtime concerts are on Tuesday 14th July and Thursday 16th July at 1:15pm. All welcome!

Join the Cathedral Choir: Interested in joining the Cathedral Choir? Why not get in touch? Expressions of interest are warmly welcome. To register your interest contact Peter Barley at organist@limerick.anglican.org

Bespoke Greeting Cards: Bespoke greeting cards featuring the Baptismal Font and High Altar of Saint Mary's Cathedral are now available to purchase. Designed by the Curate Assistant, these unique cards make a beautiful keepsake or gift while celebrating the heritage, beauty and sacramental tradition of the Cathedral.

Limerick City Parish Summer Craft Project: Thank you to everyone who has expressed interest in the Summer Knitted Project Appeal. The theme of this year's project is *"All Things Bright and Beautiful – Memory Blanket."* Participants are invited to knit 5 x 5-inch squares that can be embroidered with patterns or wording, adorned with decorations such as buttons or ribbons that hold special memories, or simply knitted as plain squares. The squares will be stitched together to create a memory blanket, which we hope to have completed in time for Harvest, when its namesake hymn is often sung.

Project Guidelines:

- Knit 5 x 5-inch squares, preferably using size 4 knitting needles.
 - Crocheted squares are also very welcome.
 - Squares may be plain or creatively decorated to reflect a memory or meaningful theme.
- If you would like any further information, please contact me at curate@limerick.anglican.org.

Learn to Knit Workshop: Interested in learning to knit or crochet? Contact the Curate Assistant to register your interest. It is hoped that a workshop will be held in the Cathedral on Saturdays. Further details will be announced in due course.

Limerick to Killaloe Camino: Interested in taking part in the Limerick to Killaloe Camino this summer? Pilgrimage booklets are available from the Cathedral Shop and can be stamped before you begin your pilgrimage. It is hoped that a group walk will be organised in the coming weeks. If you would like to take part, please register your interest by contacting the Curate Assistant.

Cathedral Wildflower Garden: The clergy are seeking expressions of interest for donations of wildflower seeds/bulbs/herbs along with those interested in volunteering the rewilding of the garden. Please contact either the Dean or the Curate Assistant.

Age Friendly Ireland Initiative: A new initiative has been launched in Limerick by Age Friendly Ireland, inviting residents to say "thank you" to the people who make a positive difference in their lives. Congratulations and well done to Elizabeth Stanley for inspiring this wonderful initiative, which celebrates kindness, community spirit, and the everyday contributions that help make Limerick a more age-friendly place for all. Thank You cards are available at all church entrances.

"Choose Your Pot": Saint Michael's Church is planning to repaint the church and is seeking donations to assist with the associated expenses. Your support would be sincerely valued.

Accommodation (2 appeals)

- Abiola needs accommodation with budget between €450-550 (bill inclusive). Contact on 0899525219.
- Accommodation inquiry for Erasmus student (Sept - Dec 2026) - Amandine Petitjean. contact amandinepetitjean05@gmail.com

Cycles of prayer: Porvoo: Church of England: Diocese of Newcastle, Church of Norway: Diocese of Møre |Anglican Cycle of Prayer: Province of the Episcopal Church of South Sudan

Prayers for the Sick: Irene Trousdell, Terry Gibson, Martin Hogan, Sarah B, Mary Alicia Downes, David, Elayne and Hilary Noonan, Hazel, Mac, Dean Sandra Pragnell, Layla, Karine Egan, Uzoma Kabi. Lillian O'Connell, Kevin Sullivan, Alan Kennedy, Deirdre, Olwen, Paddy Sirr, Dick Blennerhassett, Stephanie Narramore

Remembrance Book: Mary Theresa Donnelly, James Thompson, Anne Lilly, Eamonn Buckley, Eileen Little, Klaus Latzel, Brian Priestley, Alrick Thompson.

NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

ROTAS

	12 th July	19 th July	26 TH July	2 nd August
Refreshments				
St Michael's	Daire McNamara	Nicholas & Annabelle Griffin	Susi Eckhardt	Keith & Sheelagh Morrow
Cathedral	Jemimah Egbulam	Keith O' Neil	Brian Sheppard	Lillian Okechukwu
Readers				
St Michael's	Margaret Brickenden	Lucy Kavanagh	Vivian Amaeze	TBC
Cathedral	Frank Sheahan	Lindsay Boyle	Alan Bunworth	TBC

CONTACT DETAILS

The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy

Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday

The Rev'd Scott E. Elliott (Curate): The Curatage, 50 Ballinvoher, Fr Russell Road, Dooradoyle

Email: curate@limerick.anglican.org; Mob: 0871951766. Day off: Monday

Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).

The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94E068.

[Limerick City Parish](http://limerickcityparish.org)

Email: cathedral@limerick.anglican.org;

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