



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe – VII Sunday after Trinity (Proper 11) – 19th July 2026

COLLECT AND READINGS

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord.

THE FIRST READING WISDOM 12:13, 16-19

For neither is there any god besides you, whose care is for all people, to whom you should prove that you have not judged unjustly; For your strength is the source of righteousness, and your sovereignty over all causes you to spare all. For you show your strength when people doubt the completeness of your power, and you rebuke any insolence among those who know it. Although you are sovereign in strength, you judge with mildness, and with great forbearance you govern us; for you have power to act whenever you choose. Through such works you have taught your people that the righteous must be kind, and you have filled your children with good hope, because you give repentance for sins.

PSALM 86:11-17

- 11 Teach me your way, O Lord, and I will walk in your truth; ♦
knit my heart to you, that I may fear your name.
- 12 I will thank you, O Lord my God, with all my heart, ♦
and glorify your name for evermore;
- 13 For great is your steadfast love towards me, ♦
for you have delivered my soul from the depths of the grave.
- 14 O God, the proud rise up against me
and a ruthless horde seek after my life; ♦
they have not set you before their eyes.
- 15 But you, Lord, are gracious and full of compassion, ♦
slow to anger and full of kindness and truth.
- 16 Turn to me and have mercy upon me; ♦
give your strength to your servant
and save the child of your handmaid.
- 17 Show me a token of your favour,
that those who hate me may see it and be ashamed; ♦
because you, O Lord, have helped and comforted me.

EPISTLE ROMANS 8: 12-25

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

THE GOSPEL SAINT MATTHEW 13:24-30, 36-43

He put before them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn." Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

POST COMMUNION PRAYER

Lord God, whose Son is the true vine and the source of life, ever giving himself that the world may live: May we so receive within ourselves the power of his death and passion that, in his saving cup, we may share his glory and be made perfect in his love; for he is alive and reigns with you and the Holy Spirit, now and for ever.

HYMNS					
Saint Michael's	385	382	435	670	
The Cathedral	601	285	37	349	

Services are recorded and may be viewed online [on https://www.churchcamlive.ie/limerickstmarys](https://www.churchcamlive.ie/limerickstmarys) and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A738650; Use QR code to donate to Saint Mary's online.



SERVICES & EVENTS			
DATE	TIME	EVENT	VENUE
VII Sunday after Trinity 19 th July	09.30	Holy Communion	Ss John & Ailbe, Abington
	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral
Monday 20 th July	10.30	Morning Prayer	The Cathedral
Tuesday 21 st July	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Concert	The Cathedral
Wednesday 22 nd July	10.30	Morning Prayer	The Cathedral
Thursday 23 rd July	10.30	Holy Communion	The Cathedral
Friday 24 th July	10.30	Morning Prayer	The Cathedral
Saturday 25 th July	10.30	Morning Prayer	The Cathedral
VIII Sunday After Trinity 26 th July	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	Saint Michael's
	11.15	Morning Prayer	The Cathedral

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request).

Please note: Items for inclusion in the newsletter must be submitted by 12 Noon each Wednesday for Consideration of the clergy. Items must be kept to 50 words or less. Photography & Filming: A gentle reminder that photography & filming are not permitted during church services unless otherwise directed by the clergy, i.e. diocesan occasions.

Sympathy: Limerick City Parish offers its sincere condolences to Susan, Nicki and Jason, their family, and friends on the death of Gordon Milne.

Lunchtime Concerts: This week's lunchtime concert is on Tuesday 21st July.

Cathedral Flowers: Please note that last week's flower arrangements were placed in memory of Hilda Gleazer, mother of Vida Cowpar.

Ss John & Ailbe, Abington Church: 3 Visitors Open Days in Abington Church in August. See attached leaflet for details.

Join the Cathedral Choir: Interested in joining the Cathedral Choir? Why not get in touch? Expressions of interest are warmly welcome. To register your interest contact Peter Barley at organist@limerick.anglican.org

Saint Canice's Peace Doves: Limerick City Parish is pleased to support Saint Canice's Cathedral, Kilkenny, in its Peace Doves installation this September. Parishioners are invited to write a message on a dove. Doves are available from the cathedral or by contacting the Curate Assistant.

Bespoke Greeting Cards: Bespoke greeting cards featuring the Baptismal Font and High Altar of Saint Mary's Cathedral are now available to purchase. Designed by the Curate Assistant, these unique cards make a beautiful keepsake or gift while celebrating the heritage, beauty and sacramental tradition of the Cathedral.

Limerick City Parish Summer Craft Project: Thank you to everyone who has expressed interest in the Summer Knitted Project Appeal. The theme of this year's project is "*All Things Bright and Beautiful – Memory Blanket.*" Participants are invited to knit 5 x 5-inch squares that can be embroidered with patterns or wording, adorned with decorations such as buttons or ribbons that hold special memories, or simply knitted as plain squares. The squares will be stitched together to create a memory blanket, which we hope to have completed in time for Harvest, when its namesake hymn is often sung.

Project Guidelines:

- Knit 5 x 5-inch squares, preferably using size 4 knitting needles.
- Crocheted squares are also very welcome.
- Squares may be plain or creatively decorated to reflect a memory or meaningful theme.

If you would like any further information, please contact me at curate@limerick.anglican.org.

Learn to Knit Workshop: Interested in learning to knit or crochet? Contact the Curate Assistant to register your interest. It is hoped that a workshop will be held in the Cathedral on Saturdays. Further details will be announced in due course.

Limerick to Killaloe Camino: Interested in taking part in the Limerick to Killaloe Camino this summer? Pilgrimage booklets are available from the Cathedral Shop and can be stamped before you begin your pilgrimage. It is hoped that a group walk will be organised in the coming weeks. If you would like to take part, please register your interest by contacting the Curate Assistant.

Cathedral Wildflower Garden: The clergy are seeking expressions of interest for donations of wildflower seeds/bulbs/herbs along with those interested in volunteering the rewilding of the garden. Please contact either the Dean or the Curate Assistant.

Age Friendly Ireland Initiative: A new initiative has been launched in Limerick by Age Friendly Ireland, inviting residents to say “thank you” to the people who make a positive difference in their lives. Congratulations and well done to Elizabeth Stanley for inspiring this wonderful initiative, which celebrates kindness, community spirit, and the everyday contributions that help make Limerick a more age-friendly place for all. Thank You cards are available at all church entrances.

“Choose Your Pot”: Saint Michael’s Church is planning to repaint the church and is seeking donations to assist with the associated expenses. Your support would be sincerely valued.

Accommodation (2 appeals)

- Abiola needs accommodation with budget between €450-550 (bill inclusive). Contact on 0899525219.
- Accommodation inquiry for Erasmus student (Sept - Dec 2026) - Amandine Petitjean. contact amandinepetitjean05@gmail.com

Cycles of prayer: *Porvoo:* Church of Sweden: Diocese of Skara, Church of England: Diocese of Leeds
Anglican Cycle of Prayer: Province of the Episcopal Church of Sudan

Prayers for the Sick: Irene Trousdell, Terry Gibson, Martin Hogan, Sarah B, Mary Alicia Downes, David, Elayne and Hilary Noonan, Hazel, Mac, Dean Sandra Pragnell, Layla, Karine Egan, Uzoma Kabi, Lillian O'Connell, Kevin Sullivan, Alan Kennedy, Deirdre, Olwen, Paddy Sirr, Dick Blennerhassett, Stephanie Narramore

Remembrance Book: Lily Copley, Joanne Fulton, Hannah, Douglas Leech, Elizabeth Spencer, Jane Carway, Tom Creamer, Fintan MacCarthy, Kathleen Thompson, Thomas Houlihan

NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

ROTAS

	19 th July	26 th July	2 nd August	9 th August
Refreshments				
St Michael's	Nicholas & Annabelle Griffin	Susi Eckhardt	Keith & Sheelagh Morrow	John & Kayt Shier
Cathedral	Keith O' Neil	Brian Sheppard	Lillian Okechukwu	Alyson McHugh
Readers				
St Michael's	Lucy Kavanagh	Vivian Amaeze	tbc	tbc
Cathedral	Lindsay Boyle	Alan Bunworth	tbc	tbc

CONTACT DETAILS

The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy

Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday

The Rev'd Scott E. Elliott (Curate): The Curatage, 50 Ballinvoher, Fr Russell Road, Dooradoyle

Email: curate@limerick.anglican.org; Mob: 0871951766. Day off: Monday

Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).

The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94E068.

Limerick City Parish

Email: cathedral@limerick.anglican.org; Tel: 061-310293

www.lcp.limerick.anglican.org