



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe – IX Sunday after Trinity (Proper 13) – 02nd August 2026

COLLECT AND READINGS

Almighty God, who sent your Holy Spirit to be the life and light of your Church: Open our hearts to the riches of his grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ our Lord.

THE FIRST READING ISAIAH 55:1-5

Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you.

PSALM 145:8-9, 15-22

8 The Lord is gracious and merciful, ♦ long-suffering and of great goodness.

9 The Lord is loving to everyone ♦ and his mercy is over all his creatures.

15 The Lord upholds all those who fall ♦ and lifts up all those who are bowed down.

16 The eyes of all wait upon you, O Lord, ♦ and you give them their food in due season.

17 You open wide your hand ♦ and fill all things living with plenty.

18 The Lord is righteous in all his ways ♦ and loving in all his works.

19 The Lord is near to those who call upon him, ♦ to all who call upon him faithfully.

20 He fulfils the desire of those who fear him; ♦ he hears their cry and saves them.

21 The Lord watches over those who love him, ♦ but all the wicked shall he destroy.

22 My mouth shall speak the praise of the Lord, ♦ and let all flesh bless his holy name for ever and ever.

EPISTLE ROMANS 9:1-5

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen

THE GOSPEL SAINT MATTHEW 14:13-21

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five

loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

POST COMMUNION PRAYER

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: In that new world where you reveal the fulness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

HYMNS					
Saint Michael's	42	365	323	632	
The Cathedral	646	576	427	647	

Services are recorded and may be viewed online on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on <https://www.churchcamlive.ie/limerickstmarys> and www.saintmaryscathedral.ie other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A738650; Use QR code to donate to Saint Mary's online.*



SERVICES & EVENTS			
DATE	TIME	EVENT	VENUE
Sunday 2 nd August Trintiy IX		No Service	Ss John & Ailbe, Abington
	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral
	14:00	Open Day	Ss John & Ailbe, Abington
Monday 3 rd August	10.30	Morning Prayer	The Cathedral
Tuesday 4 th August	10.30	Morning Prayer	The Cathedral
Wednesday 5 th August	10.30	Morning Prayer	The Cathedral
Thursday 6 th August	10.30	Holy Communion	The Cathedral
Friday 7 th August	10.30	Morning Prayer	The Cathedral
Saturday 8 th August	10.30	Morning Prayer	The Cathedral
Sunday 9 th August Trintiy IX	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	Saint Michael's
	11.15	Morning Prayer	The Cathedral
	14:00	Open Day	Ss John & Ailbe, Abington

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request).

Please note: Items for inclusion in the newsletter must be submitted by 12 Noon each Wednesday for consideration of the clergy. Items must be kept to 50 words or less. Photography & Filming: A gentle reminder that photography & filming are not permitted during church services unless otherwise directed by the clergy, i.e. diocesan occasions.

Sympathy: Limerick City Parish and the Volunteer Community extend their sincere condolences to Lisa Cusack, her family, and friends on the death of her mother, Helen Cusack, last week.

Cathedral Flowers: The flowers in the Cathedral this Sunday have been donated in memory of Frederick Ormston.

Ss John & Ailbe, Abington Church: 3 Visitors Open Days in Abington Church in August. See attached leaflet for details.

Notice: The Tuesday Club re-commences with an outing to the Flying Boat Museum, Foynes on Tuesday, 25th August, 2026. All are welcome even if you've never been to the museum or the club before! Please contact Noreen Allen (085 733 5855) if you wish to go as soon as possible.

Join the Cathedral Choir: Interested in joining the Cathedral Choir? Why not get in touch? Expressions of interest are warmly welcome. To register your interest contact Peter Barley at organist@limerick.anglican.org

Donation Box Appeal: The Clergy sincerely thank parishioners for their continued support of the donation boxes in the Cathedral and Saint Michael's. To assist families in our community as the new school term approaches, donations of learning materials are welcome, including notebooks, stationery, calculators, activity/colouring books, and children's books. Donations can be left in either of the two donation boxes. Thank you for your generosity.

Update - Limerick City Parish Summer Craft Initiative: Thank you to everyone who has picked up their knitting needles over the past few weeks. It has been wonderful to see such creativity and enthusiasm throughout our Parish. Parishioners are kindly asked to return their completed squares to the Curate's Assistant by **30 August 2026**. Further details are provided below.

The theme of this year's project is *"All Things Bright and Beautiful – Memory Blanket."* Participants are invited to knit 5 x 5-inch squares that can be embroidered with patterns or wording, adorned with decorations such as buttons or ribbons that hold special memories, or simply knitted as plain squares. The squares will be stitched together to create a memory blanket, which we hope to have completed in time for Harvest, when its namesake hymn is often sung.

Project Guidelines:

- Knit 5 x 5-inch squares, preferably using size 4 knitting needles.
- Crocheted squares are also very welcome.
- Squares may be plain or creatively decorated to reflect a memory or meaningful theme.

If you would like any further information, please contact me at curate@limerick.anglican.org.

Limerick to Killaloe Camino: Interested in taking part in the Limerick to Killaloe Camino this summer? Pilgrimage booklets are available from the Cathedral Shop and can be stamped before you begin your pilgrimage. It is hoped that a group walk will be organised in the coming weeks. If you would like to take part, please register your interest by contacting the Curate Assistant.

Cathedral Wildflower Garden: The clergy are seeking expressions of interest for donations of wildflower seeds/bulbs/herbs along with those interested in volunteering the rewilding of the garden. Please contact either the Dean or the Curate Assistant.

“Choose Your Pot”: Saint Michael’s Church is planning to repaint the church and is seeking donations to assist with the associated expenses. Your support would be sincerely valued.

Cycles of prayer: *Porvoo:* Church of England: Diocese of Bristol, Evangelical Lutheran Church of Finland: Diocese of Helsinki | *Anglican Cycle of Prayer:* The Church of the Province of Uganda

Prayers for the Sick: Irene Trousdell, Terry Gibson, Martin Hogan, Sarah B, Mary Alicia Downes, David, Elayne and Hilary Noonan, Hazel, Mac, Dean Sandra Pragnell, Layla, Karine Egan, Uzoma Kabi, Lillian O’Connell, Kevin Sullivan, Alan Kennedy, Deirdre, Olwen, Paddy Sirr, Dick Blennerhassett, Stephanie Narramore

Remembrance Book: Amy Tyrrell, Catherine Parkes, Amy Mervyn Kingston, Frederick William Ormston, Fr. Frank O’Connor, Bobbie Bingham, Allen Ellerker, Robert Hughes, Molly Reynolds, Fr. John McCormack, The Rev’d Canon Robert Reed, Helen Cleary, Violet May Jaruis, Hazel Oakley, Fred Gess.

NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

ROTAS

	2 nd August	9 th August	16 th August	23 rd August
Refreshments				
St Michael’s	Sheila Cusack	John & Kayt Shier	Richard & Margaret Brickenden	Ruth Lillie O’Connell
Cathedral	Lillian Okechukwu	Alyson McHugh	Keith O’Neil	Karen Wilson & Evelyn Sloane
Readers				
St Michael’s	Sheelagh Morrow	Margaret Brickenden	Cormac O’Connell	Richard Allen
Cathedral	Caroline Bond	David Thompson	Keith O’Neil	Noreen Ellerker

CONTACT DETAILS

The Very Rev’d Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy

Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday

The Rev’d Scott E. Elliott (Curate): The Curatage, 50 Ballinvoher, Fr Russell Road, Dooradoyle

Email: curate@limerick.anglican.org; Mob: 0871951766. Day off: Monday

Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).

The Parish Office: Saint Mary’s Cathedral, Bridge Street, Limerick, V94E068.

[Limerick City Parish](http://limerickcityparish.org)

Email: cathedral@limerick.anglican.org;

Tel: 061-310293

www.lcp.limerick.anglican.org